



A Guide to Discussing EnteraGam® Medical Food with Your Doctor

This worksheet can help you and your doctor determine if EnteraGam® is right for you. Your doctor will use your responses to this two-part questionnaire to help you manage your chronic diarrhea and loose stools. This may include the medical food product EnteraGam®. Please take the time to prepare for this important conversation with your doctor.

Part 1 – Before You See Your Doctor

Please observe and document your GI system's behavior at least two weeks before seeing your doctor. Please check the most accurate answer. Any additional comments you can provide will help your doctor determine if EnteraGam® is right for you.

Questions	Answers	Comments
How many bowel movements do you typically have in a 24-hour period?	<input type="checkbox"/> None <input type="checkbox"/> Four <input type="checkbox"/> Seven <input type="checkbox"/> One <input type="checkbox"/> Five <input type="checkbox"/> Eight <input type="checkbox"/> Two <input type="checkbox"/> Six <input type="checkbox"/> More <input type="checkbox"/> Three	
Approximately what percentage of your bowel movements were loose (diarrhea)?	<input type="checkbox"/> None <input type="checkbox"/> More than half <input type="checkbox"/> Less than half <input type="checkbox"/> Nearly all <input type="checkbox"/> About half	
Approximately what percentage of your bowel movements included abdominal discomfort?	<input type="checkbox"/> None <input type="checkbox"/> More than half <input type="checkbox"/> Less than half <input type="checkbox"/> Nearly all <input type="checkbox"/> About half	
On average, when did you most experience the abdominal discomfort?	<input type="checkbox"/> Before elimination. <input type="checkbox"/> Before and during elimination. <input type="checkbox"/> During elimination. <input type="checkbox"/> During and after elimination. <input type="checkbox"/> I didn't experience abdominal discomfort.	
In most cases, if you experienced abdominal discomfort, was it relieved by defecation?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Partially <input type="checkbox"/> Sometimes	



Part 2 –Your Lifestyle Profile

Please provide answers to these questions about your GI tract and how it affects your lifestyle. Information you provide in the comments section may provide additional insights into your chronic diarrhea and loose stools and help your doctor determine if EnteraGam® is right for you.

Questions	Answers	Comments
Which of these symptoms do you often experience? (indicate all that apply)	<input type="checkbox"/> Diarrhea and loose stools <input type="checkbox"/> Cramps and abdominal discomfort <input type="checkbox"/> A sense of urgency or intense feeling that you "have to go."	
On average, how much work do you miss because of your chronic diarrhea and loose stools?	<input type="checkbox"/> None. <input type="checkbox"/> One day per week. <input type="checkbox"/> Two days per week. <input type="checkbox"/> More than two days per week. <input type="checkbox"/> One day per month. <input type="checkbox"/> Two days per month. <input type="checkbox"/> Three days per month. <input type="checkbox"/> More than three days per month.	
How often do you miss or decline to go to important personal events like weddings, graduations and parties because of your chronic diarrhea and loose stools?	<input type="checkbox"/> Never <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
How often does your chronic diarrhea and loose stools cause you to avoid going to "little everyday events" like shopping, lunch with friends, attending sports events or going to the theater?	<input type="checkbox"/> Never <input type="checkbox"/> Sometimes <input type="checkbox"/> Often <input type="checkbox"/> Always	
How often do you "map out" bathroom facilities when you leave your home?	<input type="checkbox"/> On every trip. <input type="checkbox"/> On every trip and at every location en route. <input type="checkbox"/> On every trip, on every location en route, and when I arrive at my destination. <input type="checkbox"/> Only on long trips. <input type="checkbox"/> Other <input type="checkbox"/> I don't do this	
What lifestyle modifications have you made because of your chronic diarrhea and loose stools? e.g., sitting near bathrooms at restaurants or on planes, skipping meals before travelling, avoiding certain foods, not eating when out of the house, etc.		

Ask your doctor if EnteraGam® is right for you

Your answers and comments provide documentation you and your doctor can use to discuss and consider EnteraGam®, which is indicated for the dietary management of your chronic diarrhea and loose stools. EnteraGam® must be administered under medical supervision.

Don't wait! Find out soon if EnteraGam® can help you manage your chronic diarrhea and loose stools.

Important Safety Information:

EnteraGam® contains beef protein: therefore, patients who have an allergy to beef or any other component of EnteraGam® should not take this product. EnteraGam® has not been studied in pregnant women, in women during labor and delivery, or in nursing mothers. The choice to administer EnteraGam® during pregnancy, labor and delivery, or to nursing mothers is at the clinical discretion of the prescribing physician. EnteraGam® does not contain any milk-derived ingredients such as lactose, casein, or whey. EnteraGam® is gluten-free, dye-free, and soy-free.